

...a3crg Summer Time Trials 2019

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Women's Flying Fifteen ~ Event 4 ~ P884b/15 (A3) Longmoor

At Liss ~ Greatham Hampshire ~ Wednesday 5th June 2019

The Headquarters are at the **Palais de Velo** Petersfield Road Greatham [GU33 6HA](http://www.gu336ha.co.uk)

Timekeepers: Kathleen Collard-Berry, Trevor Beauchamp, Maria Golden, Virginia McGee

Start Line Stewards: Nick Burton, John Sadler, Peter Phipps

Marshals & Crew: Peter Hatt (VC St Raphael),

Catering: Amy & Rob Pretorius

Results & Presentation: Paddy, Martin Whitty

To the Start: (12 minutes - there are temp traffic lights)) Turn left outside of the Village Hall and continue to the end of the road where turn right on to the A325 roundabout where take the 2nd exit towards the A3. When you reach the roundabout on top of the A3 go straight over to the 'holding area' above the A3 and 50 meters from the start. There is no need to go back & forth to the start as we do not move it once the event has started.

When you have finished take care coming up to the Ham Barn roundabout and take the third exit towards Greatham and HQ. You will arrive at the village hall from the opposite direction. It is the normal summer HQ.

Greatham Village Hall (HQ) Will be Signposted from Ham Barn Roundabout A3

All Riders Please Sign-on By 18:45 or Text 07867 995645 if arriving later.

Please do not ask the Timekeepers where the course goes, they time it, not ride it.

Procedure During the Event:

Please use a rear light & switch in on (we cannot impose that you do, neither do we have to accept your entry to future events)

If caught, ease back; do not take pace on the wheel of the rider who caught you

Look where you are going, keep your head up, sometimes cars stop on the carriageway & please don't hog the carriageway.

The "Fantastic Budget Busting Prizes" will be presented *quickly* after the Events, please stay and applaud the Victors of the Day. Paddy will also issue a result sheet "on the day". **Prizes not collected on the night** will be deemed to have been donated, unless prior arrangements have been made.

Next Events: 12th June P881: Summer Ten (two events, men's & women)
19th June P884b/25 The Mid-Summer 25 (BBAR) & Tandems

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN
Tel.: 01428 651843 ~ mobile (Race HQ Mobile): 07867 995645 ~ email: dcb@a3crg.co.uk

Paddy Brennan, Transform House, Weydown Road, Haslemere, GU27 1DN
email: paddy@a3crg.co.uk

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. It is also recommended that a WORKING FOURth REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use

Do not park near the start on the verges, entrance to the ranges, or the depot as this is MOD land, and it is likely that you will be clamped or worse, as well as a DQ!

Course P884b/15

Course Record: Garry Chambers 00:28:39 (27/06/19)

Women's Record: Sarah Matthews 00:33:35 (27/06/19)

National Women's Record: Alice Lethbridge 00:31:30 P881r/15 (A3) (13/06/19)

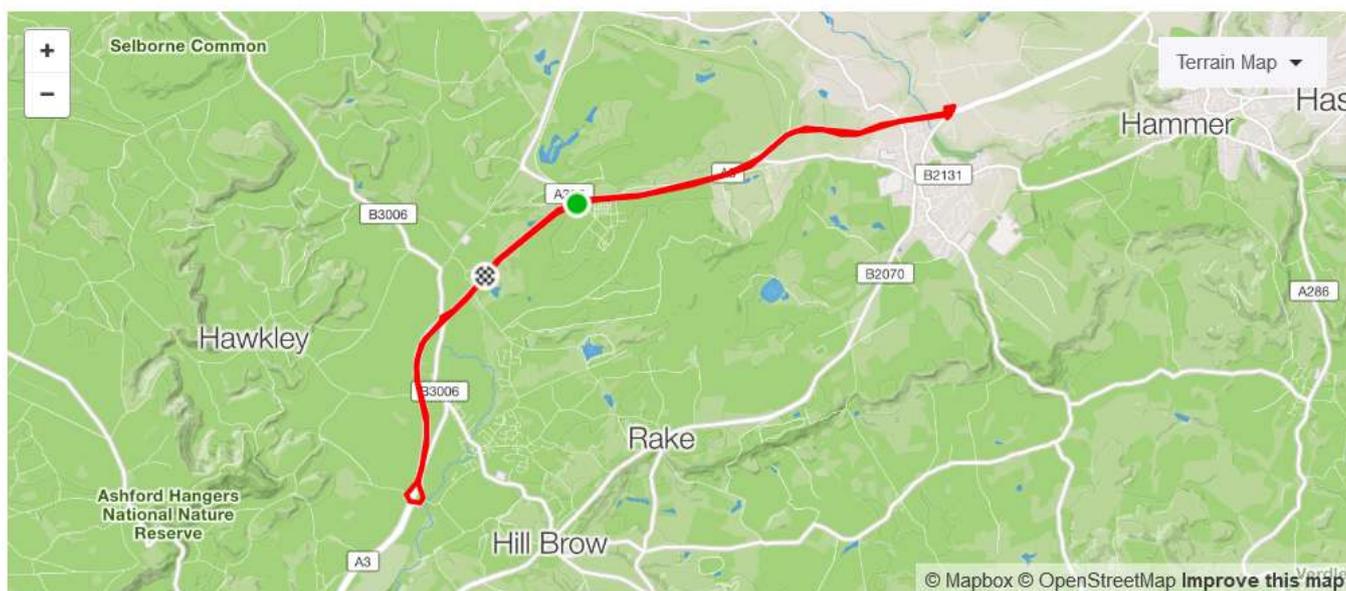
Start on the Hard shoulder on the southbound slip road to the A3 at Longmoor (A325) three metres from the start of the Armco barrier. Proceed to the slip road onto the southbound A3 towards Petersfield'

Take 2nd Exit and continue on A3 until reaching the exit slip road signposted Liss (1/2 mile past the lay-by) where take this Exit Slip Road to the Princes Bridge RAB (SU 770270). Take 2nd Exit and then bear **RIGHT** following the sign A3 Guildford to cross Prince's Bridge Flyover where **TURN** (3.08 Miles) onto & rejoin A3 towards London Guildford. Continue along A3 to Ham Barn Roundabout, **Approaching Ham Barn Roundabout stay in the middle lane** & take 2nd Exit (5 miles).

Proceed passing turnings for the (1) A325 (Farnham) (2) Griggs Green, at the third turning (10.2 miles) take the left turn signposted Haslemere / Liphook, and continue over the flyover taking the left turn onto the slip road to rejoin the A3 in a southerly direction (signposted Petersfield / Portsmouth).

Retrace along A3 southbound towards the Ham Barn Roundabout passing the Griggs Green turning (12.2 mile) pass the starting area at Longmoor to finish at the entrance on the lay-by approximately 600 yards north of Ham Barn roundabout (15 miles).

P884/15b Time trial course



Only Five Riders at the Start Please. Please wait at the top of the flyover

Do not park near the start on the verges, entrance to the ranges, or the depot as this is MOD land, and it is likely that you will be clamped or worse, as well as a DQ!

Num	Rider	Squadra/Team/Club	Cat	Start Time
15	Lorna Rowland	Twickenham CC	WV	19:07:30
16	Joanna Wells	Hounslow & District Whs	WV	19:08:00
18	Amy Pretorius	...a3crg	WEsp	19:09:00
20	Sien Van Der Plank	University of Southampton RC	WS	19:10:00
21	Robyn Yates	Addiscombe CC	WV	19:10:30
22	Eva Nyirenda	...a3crg	WS	19:11:00
24	Lucy Mitchell	...a3crg	WV	19:12:00
25	Michelle Walter	Bournemouth Arrow CC	WV	19:12:30
26	Freya Richardson	Hargroves Montezuma's RT	WJ	19:13:00
40	Kirsty McSeveney	...a3crg	WS	19:20:00
42	Lara Taylor	Velo Club Godalming & Haslemere	WV	19:21:00
44	Deborah Smith	Southdown Velo	WV	19:22:00
46	Sarah Matthews	...a3crg	WV	19:23:00
48	Sue Rust	Kettering CC	WV	19:24:00
50	Angela Carpenter	...a3crg	WV	19:25:00
52	Marianne Holt	Team Bottrill	WS	19:26:00
54	Faye Faber	NOPINZ	WS	19:27:00
55	Emma Lewis	The Independent Pedaler	WS	19:27:30

All Riders Please Sign-on By 18:45 or Text 07867 995645 if arriving later.

There Is A 30 Second Starting Order, Check Your Start Time & Switch On Your Rear Light, We Need To Be Able To See It & Please Don't Hog The Carriageway.

Late Starts are not an Option

And Don't Forget, Look Where You Are Going